

I have Sensory Processing Disorder

I'm really bothered by loud sounds.

I don't like having my Hair brushed, washed or cut.

I have trouble focusing/ concentrating

I don't like being tickled or cuddled.

I have poor small muscle skills, such as handwriting and cutting.

I am a picky eater; I don't want to try new foods and textures.

I have poor large muscle skills such as running or riding a bike.

I don't get normal touch and pain. I often feel others to soft or too hard.

I chew on everything.

