

Child Functional Assessment (CFA)

The CFA is a self-report tool, but in some cases it may require the caregiver to help. It is meant to be completed by the patient/caregiver and should take no more than three minutes to complete for most children. The health care provider can use the information obtained on the CFA to probe for further information – especially in those areas where the young person noted that things are worse than usual and in those domains that the child/caregiver identifies as either self or parental worry.

This form is meant to let your health provider know about how you are doing. All information you give is confidential. Please write your answers to the items on the form.

Over the last week, use the following lines to mark a spot to show how things were in each of these 3 areas. You can also write an example below each if you wish:

Place a mark on the line closer to this end if things are much worse than usual

Place a mark on the line closer to this end if things are much better than usual



School

Example:

Home

Example:

Friends

Example:

Write down the two things in your life that either worry you the most or are causing you the most problems.

1)

2)

Write down the two things about you that cause your parents or other adults to be concerned about or that you think might concern them if they knew about these things.

1)

2)