

Sample MyEd IEP Information for a Student with Type 1 Diabetes

Functional Needs Assessment

Type 1 Diabetes diagnosed 20____ Student requires insulin at school using an insulin pump.

Health Care Plan

XX hours per week of Educational Assistance (EA) time to supervise blood glucose testing (minimum XX times per week) and monitor blood glucose levels

Check that carbs have been added up correctly after eating lunch and assistance with administration of insulin Nursing Support Services to monitor and update Health Care Plan Case Manager to monitor EA support

Strengths

understands own medical condition knows how to check blood glucose levels

Stretches

adult assistance to maintain safe blood glucose (BG) levels adult assistance to administer medication (insulin) at school adult assistance to add up carbs

Goal Statement - examples

 will maintain a safe blood glucose level
 will practice good personal hygiene when checking blood glucose levels

Current Ability - example

____ has Type 1 diabetes. A specialized Health Care Plan is needed for monitoring blood glucose levels and administering insulin. Student is developing the ability to recognize when blood glucose is low or high. S/he is currently more consistent with recognizing her lows than highs. However, s/he can become anxious and insist that s/he is low or high even when her blood glucose levels are fine. S/he knows how to check her levels but requires supervision to follow the procedure set out in the Health Care Plan. Student uses a calculator to add up her carbs at lunchtime. Adult support is necessary to ensure s/he has entered the numbers accurately.

Associated Objectives - examples

will recognize when blood glucose is low 90% of the time.

will recognize when blood glucose is high 80% of the time.

will follow the procedure set out in the Health Care Plan to check blood glucose level 100% of the time.

will add up carbs accurately 100% of the time.

will use a good handwashing routine

Essential/Universal Supports - examples

EA monitoring
Health Care Plan
verbal cueing as needed
post "indicators of hypoglycemia" poster in student washroom
post "indicators of hyperglycemia" poster in student washroom
glucometer
calculator to add up carbs