

Community Supports for Students with Complex Needs

Organization	Age Range	Type of Service	Contact Info
Autism Community Training	All ages	ACT specializes in evidence-informed training, research, and resources to support neurodiverse individuals.	120B-3823 Henning Drive Burnaby, BC V5C 6P3 Email: info@actcommunity.ca Toll-free: 1-866-939-5188
Anscomb Mental Health Outpatient Program <ul style="list-style-type: none"> • Neurodevelopmental Team (Dr Drabkin) • Mood Disorders Team (Dr Bouffard) 	5-18 yrs	Provides specialized services for children and youth up to and including age 18, who are having significant complex challenges in their daily functioning due to severe, complex and persistent mood, anxiety and/or behavioural conditions related to major psychiatric disorders Referrals are accepted from MCFD Child and Youth Mental Health clinics and healthcare provider (Psychiatrist) Typically, only accept youth who have had community mental health services	2400 Arbutus Rd. Victoria BC phone: 250-519-6900
Beacon Community Services	All ages	Offers programs and support: <ul style="list-style-type: none"> • For Children, Youth & Families: <ul style="list-style-type: none"> -Child Health & Safety (Early Years) -Child Learning & Development -Parenting Programs & Support • A range of Youth and Family Counselling services • Youth Employment Program (YEP) for 14-18 years; Youth Employment Program Guide • Mental Health Supports – FASD Program 	2723 Quadra St. Victoria, BC V8T 4E5 Phone: 250-658-6407 Children, Youth & Family Services Phone: 250-656-0134
Boys and Girls Club of South Vancouver Island	All ages	Offers a variety of programs and services that include: <ul style="list-style-type: none"> - Licensed Child Care - Camps for Kids and Teens - Youth Programs, Education - Youth and Family Services - Youth Justice Services - Parenting Programs 	301-1195 Esquimalt Road Phone: (250) 384-9133 Email: admin@bgcsvi.org

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BC Initiative for Inclusive Access to Post-Secondary Education (BC IPSE) – Steps Forward	Post-secondary	<p>Steps Forward provides inclusion support for students with developmental disabilities to access post-secondary education.</p> <p>Students are supported to enroll at the university or college of their choice, pursue studies and engage in student life in the same classes and places as any other student. Over 4 years, students take a variety courses with a focus in a specific field of studies.</p> <p>Students are awarded a Certificate of Completion at Convocation alongside degree earning students in the same field of studies.</p> <p>Participating post-secondary institutions include:</p> <ul style="list-style-type: none"> ● Emily Carr University of Art and Design ● Nicola Valley Institute of Technology ● Trinity Western University ● University of BC - Okanagan ● University of BC - Vancouver ● University of Victoria ● Vancouver Island University ● Capilano University 	Please visit the Staff Directory for contact information for each institution.
Canadian Mental Health Association	All ages	<p>Providing mental health promotion and mental illness recovery-focused programs and services for people of all ages and their families:</p> <ul style="list-style-type: none"> ● Wellness Programs – Blue Wave, Bounce Back, Living Life to the Full, Talk Today ● Employment support -Job coaching / workshops / training sessions 	CMHA BC Division Suite 905 – 1130 W. Pender St. Vancouver, BC V6E4A4 Phone: 604-688-3234 Toll Free: 1-800-555-8222 Email: info@cmha.bc.ca
Camosun College – Pathways for Life Learning & Work (S. Island Partnership)	Grade 12 or Grade 12+	Designed specifically for students with a variety of learning challenges, this program prepares individuals for entry level employment in food service, customer service and gardening.	Camosun College Interurban Campus 4461 Interurban Rd. V9E 2C1

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		<p>Students attend Camosun College 4 mornings/week for 6 weeks (April – May). Activities include core competencies to help transition students from high school to post-secondary, gain entry-level employment, or connect them to appropriate local support agencies.</p> <p>When the course is successfully completed, students receive a letter of completion and receive 100 hours of high school credit through work experience hours. If students decide to return to Camosun after high school graduation to enroll in the Employment Training and Preparation Program, they will have a head start on their studies!</p> <p>To register: Support student(s) to fill out and submit a SIP Pathways for Life application package. They will meet with an ETP instructor at Camosun for an orientation meeting. Email w/ questions or to access registration information.</p>	<p>Portable A Building, Room 104 Phone: 250-370-3000 Toll free: 1-877-554-7555 Email: sip@camosun.ca</p>
CanAssist	15-19 years	<p>CanAssist presents a unique program for youth with disabilities who wish to find part-time work while they are still in high school. The program helps participants find meaningful, paid work and prepares them for the transition to adulthood.</p> <p>TeenWork is an innovative youth employment program from CanAssist at the University of Victoria. The program is designed to help youth with disabilities and mental health challenges find and retain meaningful, part-time paid employment while attending high school. TeenWork was developed with the aim of filling a gap in the employment field for youth with disabilities as they near the transition to adulthood.</p>	<p>CanAssist, University of Victoria CARSA, POBox 1700, STN CSC V8W 2Y2 Phone: 250-721-7300</p>

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<p>Child and Youth Mental Health (CYMH)</p>	<p>18 yrs & under</p>	<p>These programs are designed to support children and youth experiencing significant difficulties related to thoughts, feelings, and behaviours. A range of assessment and treatment options for children, youth and their families are available.</p> <ul style="list-style-type: none"> ● Intake and referral (intake initiated by parent) ● Various assessments ● Treatment (individual, family, or group) ● Parenting programs ● Educational events ● Community planning <p>Specialized services:</p> <ul style="list-style-type: none"> ● High Risk Services ● Eating Disorders Program ● Multi-Cultural Outreach <p>*Uncommon for CYMH to accept individuals with ASD</p>	<p>Victoria CYMH #302 - 2955 Jutland Road phone: 250-356-1123</p> <p>Saanich CYMH (Including High Risk Team and Multicultural Team) #201 - 4478 West Saanich Road phone: 250-952-5073</p> <p>Eating Disorder Program phone: 250-387-0000</p> <p>Indigenous CYMH 1195 Esquimalt Rd. phone: 250-952-4073</p>
<p>Child & Youth Special Needs (CYSN)</p> <ul style="list-style-type: none"> ● A voluntary service ● Anyone who has a diagnosis of ASD typically has a CYSN Social Worker as this is the means through which they are able to access their Autism funding dollars ● While an individual may have a CYSN Social Worker, it does not 	<p>0-19 yrs</p>	<p>CYSN services are run through the MCFD and aim to:</p> <ul style="list-style-type: none"> ● promote children’s healthy development ● maximize quality of life ● assist families in their role as primary caregivers <p>Can support with:</p> <ul style="list-style-type: none"> ● Referrals for respite & homemaker service ● Connecting w/ home program to assist with medical costs ● Applying for Autism funding ● Referrals for Behavioural or Professional support (e.g. DDMHT) ● Transition planning support <p>A child must meet the following criteria to access services:</p>	<p>#140-4460 Chatterton Way phone: 778-698-1224</p>

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necessarily mean they are accessing services		<ul style="list-style-type: none"> • Documented Developmental Disability - IQ of around 70 (as assessed by a Registered Psychologist according to DSM5/ DMSIV criteria) • Screened eligible for the At Home Program • Autism Spectrum Disorder • Call CYSN office directly to speak with CYSN Social Worker; provide relevant documentation 	
Community Living BC	18+	<p>Community Living BC (CLBC) is the provincial crown corporation that funds support and services to</p> <ul style="list-style-type: none"> • adults with developmental disabilities • individuals who have a diagnosis of Autism Spectrum Disorder (ASD) • individuals who have a diagnosis of Fetal Alcohol Spectrum Disorder and who also have significant difficulty doing things on their own <p>The CYSN Social Worker often supports families to access CLBC</p>	<p>29 Helmcken Rd V8Z 5G5 Phone: (250) 952-4203</p>
Community Living Victoria	All ages	<p>Community Living offers a variety of services and support for people and families with intellectual disabilities including:</p> <ul style="list-style-type: none"> • Family Support -Providing information, connecting people with community resources and advocacy • Employment Services – pre-employment skills, skills-based workshops, and summer/spring camps • Access occurs independently 	<p>1512 McRae Ave, Victoria phone: (250) 477-7231 email: employmentservices@clvi.c.ca</p>
Complex Developmental Behaviours/ Conditions (CDBC)	0-19 yrs	<p>CDBC provides diagnostic assessments for children and youth who have difficulties in multiple areas of function (Complex Neurology, Autism, Fetal Alcohol Spectrum Disorders)</p> <p>Also:</p> <ul style="list-style-type: none"> • Provide resources, consultation & information • Provide education sessions for families and community service providers 	<p>Island Health Region Regional Coordinator Queen Alexandra Centre for Children's Health 2400 Arbutus Road Victoria, BC, V8N 1V7 Tel:250-519-5390 Fax:250-519-6931</p>

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Developmental Disability Mental Health Team (DDMHT)	14-19yrs	<p>This mainstream service provides non-crisis mental health assessment and consultation by a multidisciplinary team</p> <ul style="list-style-type: none"> • Available to individuals (14+) who have a demonstrated developmental disability/ intellectual disability and co-existing mental health issue, challenging behaviour and/ or substance misuse. • Referrals go through the CYSN Social Worker • Services may include psychiatry, psychology, nursing support, and after-school programming 	<p>(Temporary) Esquimalt Urgent & Primary Care Centre 530 Fraser St. V9A 6H7 Phone: 250-519-3880</p>
Family Smart	0-19 yrs	<p>Providing parent/caregiver & school support navigating the mental health system, support with finding community resources, monthly parent meetings focusing on Mental Health topics, and In the Know Video Library - consisting of expert speakers on MH topics for families</p>	<p>phone: 250.818.4810 Email: Lisa.Tate@familysmart.ca</p>
Family Support Institute	All ages	<p>Free support available to any family who identifies with a loved one with a Diversity (be it mental health, physical diversity, or cognitive diversity, with or without a diagnosis. Services offered:</p> <ul style="list-style-type: none"> • Mentorship • Peer-to-peer • Workshops • Training • Networking opportunities • Family support 	<p>Patti Mertz Director of Programs Family Support Institute BC P: 250-325-1716 Email: pmertz@fsibc.com</p>
Inclusion BC	School aged	<p>Provides support, education and advocacy where and when it's needed. They advocate at a systems level for policy change and promote inclusion through public awareness initiatives and campaigns.</p> <p>Ready, Willing & Able program is a national initiative that engages, educates and supports employers to hire people with intellectual disabilities and autism spectrum disorder.</p>	<p>advocacy team call toll free 1-844-488-4321 or email advocacy@inclusionbc.org Phone: 604-777-9100</p>

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		<p>MentorAbility – a national initiative promoting the employment of people with disabilities in communities throughout Canada. MentorAbility promotes full or half-day mentoring matching job seekers with disabilities to individual employment mentors.</p>	
Ledger House	6-16 yrs	<p>The Ledger Program is an island-wide resource that provides acute, in-patient, hospital based psychiatric services for children, youth and families.</p> <p>Services include: stabilization, assessment, treatment planning, and short-term interventions</p>	
Thrive Community Services	All ages	<p>Thrive offers programs and creates opportunities to enhance individual's strengths and resourcefulness. This includes:</p> <ul style="list-style-type: none"> ● Child Youth & Family Services – Foundations Parenting, Out of Care Supports, Youth Services, Services to children and youth with special needs & mental health outreach 	<p>1095 McKenzie Ave. 4th FL Victoria, BC V8P 2L5 Phone: 250-383-4821 email: info@thrive.health</p>
VICAN	School aged	<p>Vancouver Island Children's Assessment Network (VICAN) provides assessment services for children on Vancouver Island with complex developmental needs:</p> <ol style="list-style-type: none"> 1) Autism Spectrum Disorders (ASD) for children up to 6 years, and for children/youth over 6 when such services are not provided by the local school district 2) Fetal Alcohol Spectrum Disorders (FASD) for at-risk children showing significant behavioural and developmental difficulties 3) Complex Neurology <p>Greater Victoria assessments are generally completed at QACCH Pediatric referrals are required.</p>	<p>Queen Alexandra Centre for Children's Health 2400 Arbutus Rd. V8N1V7 Phone: 250-519-3548 (general inquiries)</p>
Victoria Disability Resource Centre	School aged & up	<p>Community resource to support networking to other community services (including website links) and supports for children & youth (examples):</p> <ul style="list-style-type: none"> ● Victoria Society for Children with Autism 	<p>817 Fort St. Victoria, BC V8W 1H6 Phone: 250-595-0044</p>

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		<ul style="list-style-type: none"> ● POPARD – educational programs for teachers, free educational resources, and more ● RISE Learning Centre – wide range of services for individuals diagnosed with autism spectrum, OCD, ADD/ADHD, Anxiety, & more) ● Canucks Autism Network ● Children’s Health Foundation of Vancouver Island ● Inclusion Works! – individualized, community-based programs & recreation opportunities for youth with developmental disabilities ● Positive Connections – including sexual education for youth on the autism spectrum, and employment skills and job-coaching ● Authors with Autism (AwA) – a UVic based learning community for writers on the autism spectrum ● Power to Be – offering inclusive adventures rooted in nature; programs are tailored to each person, working to remove any cognitive, physical, or social barriers that may be limiting one’s access to nature 	Email: reception@drcvictoria.com
Work BC	Youth and Adults	Direct access to the world of work in BC Providing a variety of tools, resources. and services to help people improve skills and find employment and career options	204-3962 Borden Street https://www.workbc.ca/ Michael Lane: michael.lane@maximuscanada.ca
Youth Empowerment Society (YES)	13-19 yrs	Providing prevention, intervention, outreach, treatment and education for youth, their families/caregivers and the broader community.	533 Yates St. 250-383-3514 www.vyes.ca Email: office_manager@vyes.ca

