

SD61 CYMH Consultation and Collaboration Shared Planning

Student: Eva Long School: Cannon Secondary Teacher: Multiple CM – Ms. Cooke Identify which Clinician you would like to request: <input type="checkbox"/> Victoria <input checked="" type="checkbox"/> Saanich <input type="checkbox"/> Indigenous
Documented Parental Permission: Written <input type="checkbox"/> Email <input checked="" type="checkbox"/> Verbal <input type="checkbox"/>

Student History (e.g., schools, referrals, personal significant events, etc):

Attended three elementary schools, two middle schools and is in second year at Cannon Secondary SBT previously & currently involved, school counsellor and YFC Previous IBI designation Has been in foster care previously, now returned to Mother’s care (2020) One younger sibling - toddler

Medical/Diagnoses:

Anxiety, OCD, Parent-Child Relationship Disorder – Dr. Help – (2019)

Assessment Information:

Date	Assessment (e.g., KTEA, Connors, Psych Ed, OT, etc.)	Administered by
2019	Anxiety, OCD, Parent-Child Relationship Disorder	Dr. Help, Psychiatrist

Student Learning Profile:

Strengths	Needs
Creative Reading and reading comprehension Can be totally absorbed in a preferred activity/task Tolerant of others’ differences, easily picks up on others emotional state Has strong desire for social connections	Pre-warning of upcoming changes, working with new people Can have challenges making and maintaining healthy relationships Attendance can be impacted by anxiety Can be incapacitated by anxiety Family support skills
Current Concerns (Key 3)	Current Effective Strategies
Anxious regarding changes in schedule, personnel, home Easily distracted; over enmeshed in others drama Difficulty concentrating, making decisions and remembering Risky behaviour Medication inconsistency and possible substance usage	Preferential seating, esp near door for breaks Photocopy of another students notes Alternate assignments where applicable and timelines as appropriate YFC support and check-ins

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Meeting #1

January 2023: Date: Jan. 27, 2023

Meeting Participants	Role
Tim Nelson	CYMH Clinician
Connie Cooke	Case Manager

Consultation & Collaboration Shared Plan	Person Responsible
Discussed concerns, presentation at school and current interventions	Connie Cooke
Shared known family information/dynamics, mental health diagnoses	Connie Cooke
Suggest The Foundry for mental health medication review and prescription	Tim Nelson
Consider connection to YES and/or Discovery to be discussed with school team for best fit	Tim Nelson
Continue with in-school supports	Tim Nelson

Meeting #2

May 2023: Date: May 1, 2023

Meeting Participants	Role
Tim Nelson	CYMH Clinician
Connie Cooke	Case Manager

Updated Snapshot of Student Learning Profile as of May 2023	
Strengths	Needs
Creative Reading and reading comprehension Can be totally absorbed in a preferred activity/task Tolerant of others' differences, easily picks up on others emotional state Has strong desire for social connections	Increasing needs and concerns since last consultation; decreased attendance, less engagement with preferred areas of interest Substance use has been confirmed

Consultation & Collaboration Shared Plan Follow-up	Person Responsible
Discussed points above (meeting Jan. 27/23) with SBT – Feb. 8, 2023	Connie Cooke
YFC to talk with Eva again regarding community options for support	YFC
Case Manager and VP to follow-up with parent following consultation with CYMH	Connie Cooke

Reviewed: April 2023

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Meeting with parent; parent expressing increasing frustration	Connie Cooke and VP
Eva and YFC meeting on an ongoing basis when Eva is in attendance	YFC
Contact with parent re: decreasing attendance March 31/23 Parent reluctant to push school or supports, fear of increased pull away	Connie Cooke
YFC met with Eva in community	YFC
SBT meeting April 6/23	Connie Cooke
Minimal attendance since Spring Break, confirmed substance use	Team sharing
Eva has agreed to attend and start with a soft arrival with YFC	YFC
Eva has increased concerns that she will not complete course work which is increasing her anxiety. Agreed to meet with Discovery Counsellor at the school.	YFC
Waitlisted at The Foundry	YFC
May 1, 2023	
Discussed update since January 2023 consult	Connie Cooke
Continue school supports and support for community agency connections	Tim Nelson
With continued community agency support – consider Counsellor for shared planning in the future	Tim Nelson/Connie Cooke
CYMHC/C – confirmation of community agency for 2023-24 school year to be sent to School District	Tim Nelson