School: Grade: Teacher:****

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| **NAME Support Plan** |
| **Notes:** |

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| **Level** |  | **Student’s Presentation** | **Staff Response** |
| **Baseline** |  | **Calm and engaged – Signs of Regulation** | **Supportive & Preventative** |
|  |  |
| **Anxiety**  **(Level 1)** |  | **SIgns of agitation/anxiety** | **Supportive: prompt alternative replacement behaviour** |
|  |  |
| **Defensive**  **(Level 2)** |  | **SIgns of refusal** | **Direct: give clear directions or and/or choices** |
|  |  |
| **Risk Behaviour**  **(Level 3)** |  | **Risk to self or others** | **Ensure staff and student safety with PVP support** |
|  |  |
| **Tension Reduction** |  | **Decrease in physical and emotional energy** | **Re-establish relationship: create a sense of calm and safety** |
|  |  |

\*Consider appropriate debrief and planning once student has returned to baseline