

Universal and Essential Supports Checklist

Universal Supports

Supports and strategies for students with or without a designation where certain universal supports have been successful to their overall learning

SEL, Behavioural		Instructional	
	Scheduled Movement/Water breaks/opportunity		Consistent, structured classroom routines
	Simple, predictable, directions/rules		Explicitly state the purpose of each lesson
	Visual- step-by-step instructions		Oral, written or visuals instruction, "to do" lists, or other organizational structures.
	Give choices (within parameters)		Front loading using outlines (chapters/tests)
	Acknowledge flexibility and self-control		Vocabulary at the start of the lesson/unit
	Limit group size (group work)		Teach multi-modal (i.e., visual, verbal)
	Positive praise & build positive rapport		Provide cues / mnemonics as a memory tool
	Assign groups AND roles/peer support		Allow for extra wait time for student response
	Calm space in the classroom		Simplified language/directions
	Check in/out with a specific adult each day.		Repeat instructions to student individually
	Clear specific rules consistent across settings.		Allow for re-teaching of key concepts, notes provided (note taker)
	Front-load schedule changes		Reader or Text Reader (Be specific about technology)
	Other:		Alternatives to print (audiobooks, movies, videos digital media.
Physical Environment			Explicit instructions
	Ability to move around indoor and outdoor spaces easily to access materials		Teach notetaking, finding information in text
	Classroom zones/alternate workspaces (i.e., quiet spaces/collaborative spaces)		Allow for use of calculator
	Good sight lines and placement and lighting to facilitate communication for oral and visual language		High contrast materials, large print
	Flexible/preferential seating		Use closed captioning
	Sound field system		Provide alternate materials at student's level
	Sensory Tools (fidget items, wiggle cushion, standing desk)		Use cooperative learning
	Special lighting (dark/light spaces) or acoustics (quiet/noisy spaces)		Use small group instruction/ peer tutoring
	Reduce visual noise		Provide immediate/frequent feedback
	Separate setting		Present lessons sequentially
	Vertical surfaces		Alternatives to note-taking (scribe, audio recording, teachers-notes provided, photo, etc.)
	Other:		Other:

CB IEP Provincial Working Group: Universal & Essential Supports (Revised February 2023)



Universal and Essential Supports Checklist

Organizational		Formative Assessment	
Take picture of notes & homework board		Use in-class evidence of understanding	
Extra time to complete assignments		Adjust expectations "quality over quantity"	
Mini due dates to ensure task completion		Reduce # of homework questions or assignment length	
Chunk longer projects/assignments		Alternate type: oral, written, demonstration	
Use highlighters for important directions		Vary assessment type depending on need	
Provide note taker or notes of each lesson		Provide samples at the beginning	
Supported use of an agenda, planner, calendar		Adapt tests and assignments (shorten, enlarge, revise format)	
Graphic organizers for writing assignments		Use dot procedure: work to the dot and then get feedback	
Use simple, concise directions		Repeat instructions	
Pneumonic strategies; Study strategies		Spelling dictionary, proof reading, word bank checklists etc.	
Visual schedule/timetable (i.e., When/Then)		No penalty for spelling or convention errors	
Visual timer		Calculator/multiplication chart/number line and manipulatives	
Use post-it-notes		Graphic organizers	
Home/school communication book		Alternate format: short answer, point form, fill-in-the- blank, multiple choice, true/false, matching	
Checklists		Provide rubric or scoring guide	
Classroom Visual supports		Review Criteria prior to beginning assigned task	
Work organization system (color code files etc.)		Framework, outlines, rubric for longer projects	
Other:		Reduce or eliminate oral reading in class	
Summative Assessment		Access to technology with dictation/word predict abilities	
Allow for retests or test previews		Work in groups	
Extra time to complete written tests/quizzes		Materials available at independent reading level	
Allow 1-page cheat sheet for tests		Voice to text, Speech to text or Dictation	
Break down tests into small chunks		Reduce or eliminate homework expectations	
Allow for test "previews" to be sent home		Other:	
Allow oral answering of test questions		Other	
Adapt tests (shorten, enlarge, revise format)		Other:	
Other:		Other:	



Essential Supports

For students with or without a designation where certain essential supports are identified by a medical assessment, psych ed or SBT

SEL, Behavioural		Instructional		
	Choice Zone		ASL interpreter	
	Personalized visual schedule		Personal hearing aid(s)	
	Scheduled sensory movement breaks that access specialized spaces		Designated reader or scribe	
	Work/Break schedule		Personal FM/RMT system	
	Personal countdown strip/visual timer		Video Magnifier	
	Learning contract		Alternative formats (must specify i.e., Braille, large print, auditory, specialized assistive technology)	
	Personalized visual or tactile supports		Low vision tools	
	Work Organization system		Technology (must specify i.e., text to speech, speech to text, Braille Note, Touch Chat, etc.)	
	Personalized communication intent dictionary		Acceleration (interactions with peers with similar ability)	
	Service Dog		Other:	
	Calm space		Physical Environment	
	Other:		Specialized seating (must specify i.e., adapted chair, cushions, source of sound)	
Formative & Summative Assessment			Alternative personal workspace	
	Alternate formats (must specify i.e., Braille, specialized assistive technology)		Service Dog	
	Alternative and Augmentative Communication Device (must specify i.e., Touch Chat, Eye Gaze, etc.)		Special lighting and/or acoustics	
	ASL/Signing/Interpreter		Separate setting	
	Assessment over several sessions		Orientation and mobility (must specify i.e., lift, walker, standing frame Cane, GPS etc.)	
	Handheld microphone for RMT		Specialized equipment (must specify i.e., slant board, switch Interface, Powerlink, audio hub)	
	Other:		Other:	